

National Conference on
Mental Health and Well-being among Youth: A
Catalyst for Vision-Viksit Bharat@2047
(MHWY-VVB@2047)
(Hybrid Mode)
15th February, 2025

Sponsored by



**Indian Council of
Social Science Research**

Organized by



Department of Commerce and Management Studies

Vignan's Foundation for Science, Technology & Research

Deshmukhi Campus, Hyderabad

Telangana State, India

With collaborative Support of



About VFSTR

With a vision to evolve into a centre of excellence in Science & Technology through creative and innovative practices, Vignan Engineering College transitioned to Vignan's Foundation for Science, Technology & Research(VFSTR) in 2008. VFSTR has garnered notable accolades and recognition. In 2024, it ranked 72nd in NIRF's university rankings. The university holds an A+ grade from NAAC and NBA tier-1 accreditation for CSE, ECE,EEE, Mechanical Engineering and Biotechnology. VFSTR also holds 12(B) status, AICTE approval, DSIR certification and QS-I-Gauge Accreditation with a remarkable score of 90%. The University has secured ABET accreditation for five of its programs. Under the visionary leadership of Dr Lavu Rathaiah, Chancellor and Colonel Professor (Dr) P Nagabhushan, Vice-Chancellor of VFSTR Deemed to be University, the University prioritizes academic excellence while fostering a sense of social responsibility among students. Guided by values, ethics, and a dedicated team of professionals, the institution nurtures students' knowledge with the goal of instilling human values and social consciousness, in line with its motto, 'Technology with a Human Face.' The Hyderabad Off-Campus, launched in the academic year 2024-25, marks an exciting expansion of the University. This campus offers programs in B.Tech, B.Pharmacy, BBA, MBA, M.Tech, and Ph.D., furthering the University's mission of delivering Quality Education across diverse disciplines.

About Department of Management Studies

The Department of Management Studies (DMS) started functioning from 2009 with the twin objectives of providing Quality Management Education to students coming from predominantly rural background and catering to the dynamic needs of the corporate world. The Department offers a two-year full-time MBA Programme, and three-year under graduate (BBA) Programme in management and also a Doctoral Programme. The Department's contemporary management programmes recognize the importance of leadership, promotion of innovative and entrepreneurial behavior and corporate social responsibility. The Department of Management Studies at Hyderabad campus has been functioning from 2024 guided by experienced faculty members coordinating BBA, MBA and Ph.D programs. The conference is organized in collaborative mode. VFSTR Deemed to be University is hosting the Conference with Collaboration from Central University of Karnataka, JABA Training Academy, NIMS University, Jaipur, Meston College of Education, Chennai and Centre for Attitude Management by Education and Learning(CAMEL), Warangal.

About the Conference

India's youth, the nation's greatest strength, are pivotal in achieving the vision of *Viksit Bharat @2047*—a transformative roadmap to make India a developed nation by the centenary of its independence. This initiative emphasizes inclusive development, sustainability, and effective governance, with youth power as both agents and beneficiaries of change. Aligned with Prime Minister Shri Narendra Modi's vision, "Youth power is both the agent of change and the beneficiaries of change," the ICSSR has sponsored the project 'Enhancing Mental Health Outcomes among Youth through Effective Mental Health Literacy Interventions: A Comparative Study of Higher Secondary and University-Based Programs in Select States of South India.' The conference, centered on the project theme, serves as a platform for the 'Voice of Youth,' allowing young minds to share ideas and perspectives. It also provides an avenue for esteemed faculty, researchers, psychologists, mentors, and counsellors to present insights and key observations on mental health challenges and outcomes, fostering dialogue on effective mental health literacy interventions.

Themes of the Seminar

The following sub-themes will be covered in the On-Day National Conference, but are not limited to:

1. Building Resilient Youth for a Developed India

- The role of mental health awareness in fostering resilience and leadership
- The impact of positive mental health on Economic and Social Productivity
- Incorporating mental health into India's New Education Policy (NEP 2020)
- Leveraging AI and digital tools for mental health support
- Addressing the negative impact of Social Media on youth mental well-being
- The integration of mental health education into school and college curricula
- Empowering teachers and parents as mental health ambassadors
- Impact of Mental Health Literacy on mental well-being and skill development

2. Barriers to Youth Mental Health

- Unemployment and Financial Stressors as Catalysts for Mental Health Challenges
- Mental Health Inclusion Strategies for Marginalized Communities
- The Mental Health Impact of Rising Substance Abuse Trends
- Community-Based Approaches to Addiction Recovery and Rehabilitation
- Policy Perspectives on Regulating Access to Addictive Substances
- Stress and Its Impact on Mental Health Among Youth
- The Psychological Effects of Post COVID-19/ Climate Change on Younger Generations

3. Mental Health Policies and Programs for Vision 2047

- India's Health preparedness towards SDGs
- Developing a national mental health strategy tailored for youth
- Expanding mental health infrastructure in urban and rural India
- Role of corporate social responsibility (CSR) in mental health initiatives
- Integrating Ayurveda, yoga, and meditation into modern mental health practices
- Role of Indian cultural values in promoting resilience and coping mechanisms

4. Holistic Approaches to Youth Well-Being towards Vision Viksit Bharat@2047

- Yoga, mindfulness, and indigenous practices for enhancing mental health.
- Nutrition, physical fitness, and creative therapies for overall well-being
- Youth-driven initiatives and local practices to reduce stigma and promote mental health
- Youth-centric mental health policies through the National Mental Health Programme (NMHP)
- Empowering women, LGBTQ+ youth, and marginalized groups through inclusive support
- Building resilience and leadership through sports, arts, and entrepreneurship-focused well-being

Submission of Papers

Papers are invited for presentation at the conference. Full-length papers, along with an abstract, should be submitted to the conference email ID. Manuscripts must be formatted using Times New Roman, 12-point font, with 1.5-line spacing. The length of the paper should be restricted to a maximum of 4000 words. References should be formatted with single-spacing following the APA 7th edition style. Each submission must include an abstract of no more than 300 words, accompanied by 4-5 key words. The full paper should include the following sections: Introduction, Literature Review, Purpose of the Research, Methodology, Major Results, Implications, and Conclusions. Authors may also frame the headings according to their research findings.

Publication Opportunity

The best 25 selected full-length papers will be considered for publication in Scopus-indexed conference proceedings, with a DOI assigned to each published paper. Structured abstracts of the presented papers will feature in the Souvenir, released during the inaugural session. Papers received on before the submission date will only be forwarded for conference proceedings. Presentation is mandatory to consider for Conference proceedings. Authors of selected papers will be notified separately and must adhere to the journal's formatting and plagiarism guidelines.

Best Paper Award

Three best papers will be awarded in each category: Faculty, Researcher, and Student. Winners will receive a cash prize of Rs.3000, Best Paper Award Certificate, and a Conference Participation Certificate.

Important Dates

Last Date for submission of Abstract	15 th January, 2025
Communication of Acceptance of the Abstracts	18 th January, 2025
Last Date for Submission of Full Paper	30 th January, 2025
Opening of Registration Date	1 st February, 2025
Conference Date	15 th February, 2025

Submission of Paper

Submission of papers through email is preferred. Papers may be sent to:

visionviksitbharatconference@gmail.com

Registration

The Conference is sponsored by the ICSSR, New Delhi under special call for Vision Viksit Bharat@2047. No publication charges will be levied to authors whose papers are accepted for publication in conference proceedings. The following charges are applicable for paper presenter where each registered participant will get a Kit, refreshments, Lunch and Conference participation certificate.

Type of Participant	Registration fee
Student	No Fee
Research Scholar	Rs.300
Faculty member	Rs.500
Industry Participant	Rs.1000

The payment may be accepted either through direct transfer or UPI transfer. Payment should be made to the following head

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Convener

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Department of Management Studies, VFSTR-Hyderabad

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