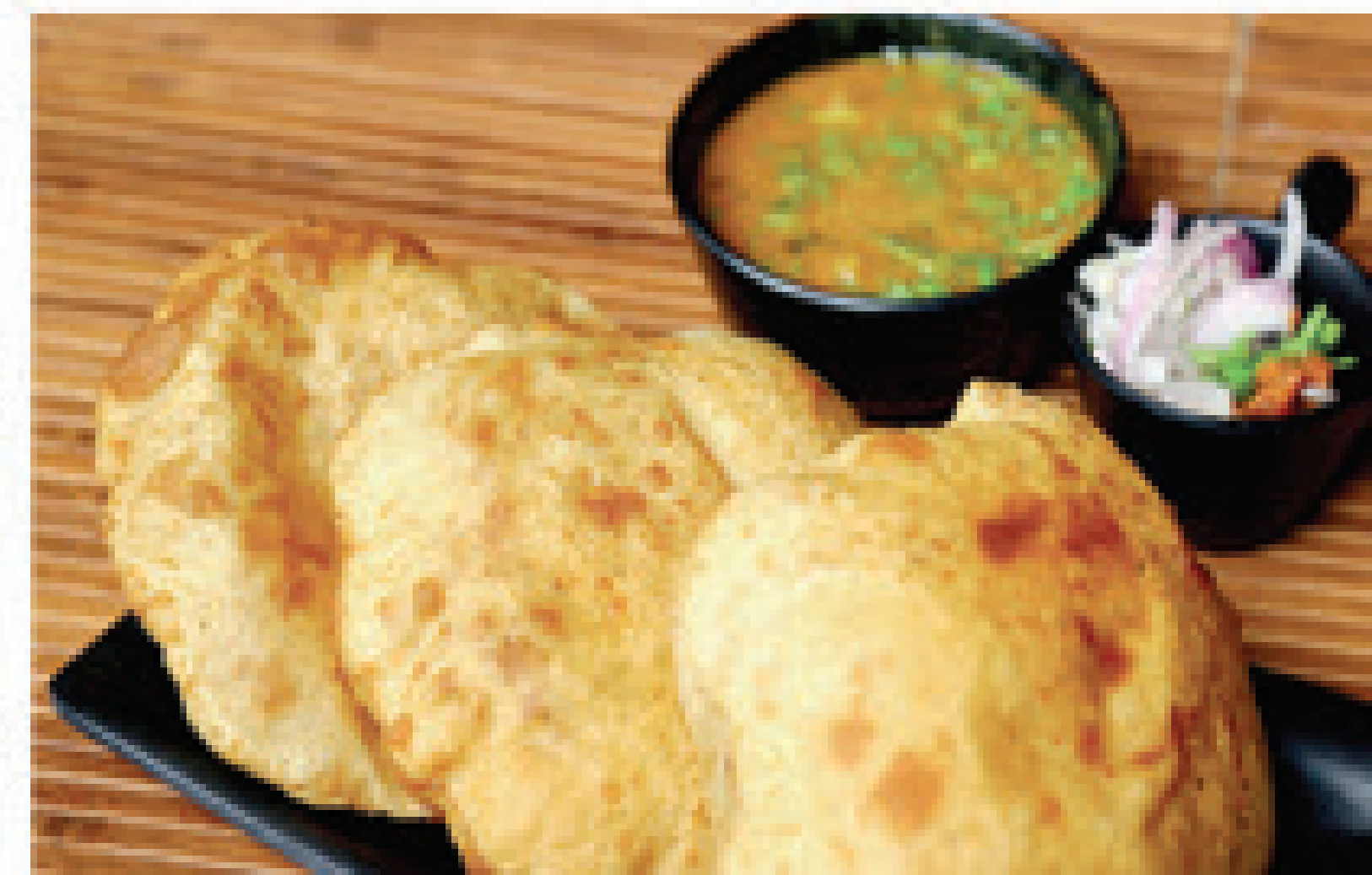
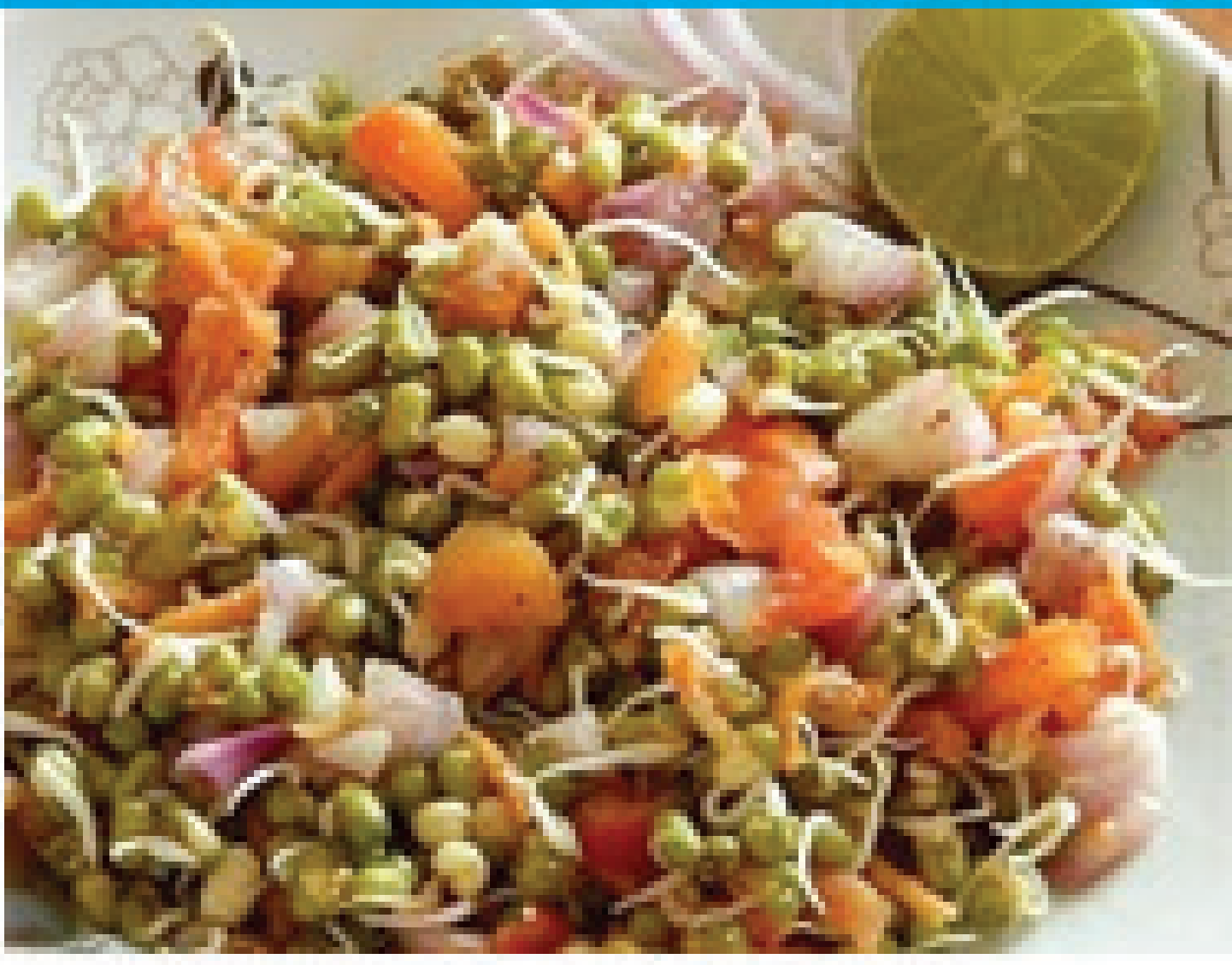


VIGNAN VIHAR BOYS HOSTEL



FORGIEN STUDENTS MESS MENU

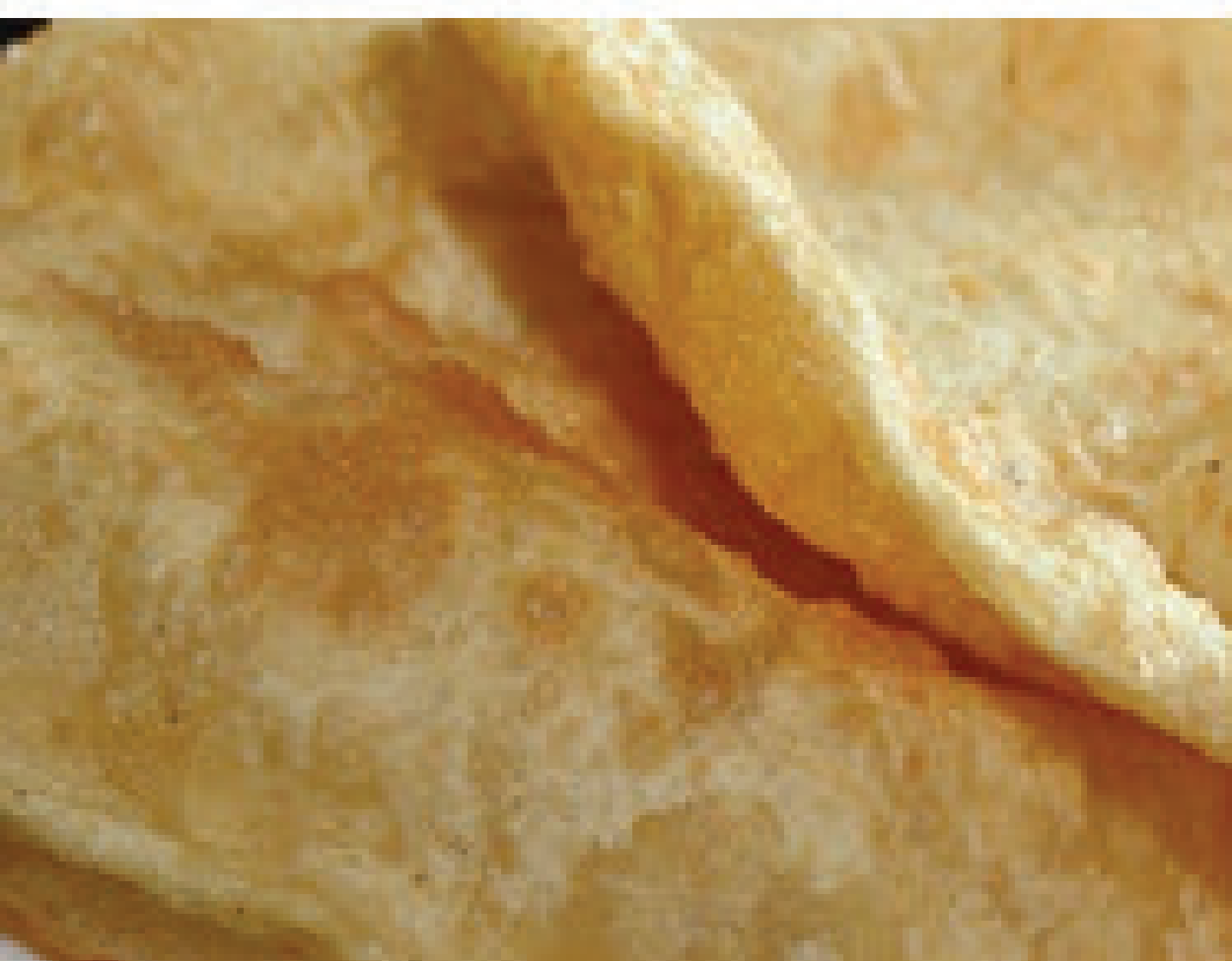
Day	Break Fast	Lunch	Snacks	Dinner
MONDAY	Bun, Jam Cornflakes, Oats, Vada, Idly, Milk, Coffee	Cauliflower, Egg, Pulka, Rice, Curd, Spinach, Aalu 65	Noodles, Milk, Tea, Pulses	Potato Fried Beans, Fruits, Potato Finger, Pulka, Dal Fry, Rice, Curd
TUESDAY	Bun, Jam Cornflakes, Oats, Chapati, Milk, Coffee	Cabbage, Rice, Pulka Curd, Pulihora, Coriander Rice, Potato, Aalu 65	Biscuit, Sweet & Salt Milk, Tea	Veg. Biryani Rice, Potato Finger, Egg Bhurji, Brinjal Fried, Rice, Curd
WEDNESDAY	Bun, Jam Cornflakes, Oats Dosa, Idly, Milk, Coffee	Aalu Bhurji, Pulka, Dal Fry, Aalu 65, Rice, Curd	Cream Bun, Milk, Tea, Pulses	Chicken 65, Pulka, Sweet, Biryani Rice, Curd, Chicken Curry, Paneer Curry
THURSDAY	Bun, Jam, Cornflakes Oats, Idly, Milk, Coffee	Cauliflower, Dal Fry Pulka, Rice, Curd, Lady Finger, Aalu 65	Dilpasand, Milk, Tea, Pulses	Allu Finger, Egg Rice, Curd, Pulka Beans & Potato, Fruits
FRIDAY	Bun, Jam Cornflakes, Oats Chapati, Idly, Milk, Coffee	Aalu Spinach, Aalu 65, Dal Fry Pulka, Rice, Curd	Veg. Puff / Cake, Milk, Tea, Pulses	Chicken 65 Pulka, Sweet, Biryani Rice, Curd, Chicken Curry, Paneer Curry
SATURDAY	Bun, Jam Cornflakes, Oats Dosa, Idly, Milk, Coffee	Cauliflower Curry, Dal Fry Pulka, Rice, Curd, Brinzal Fire, Aalu 65	Cream Bun, Milk, Tea, Pulses	Cabbage, Rice, Curd, Pulka Spinach, Fruits, Egg
SUNDAY	Bun, Jam Cornflakes(1), Oats(1), Idly, Milk, Coffee	Cauliflower, Spinach, Pulka, Dal, Fry, Rice, Curd	Cake, Milk, Tea, Pulses	Chicken 65, Pulka, Sweet, Biryani Rice, Curd, Chicken Curry, Paneer Curry



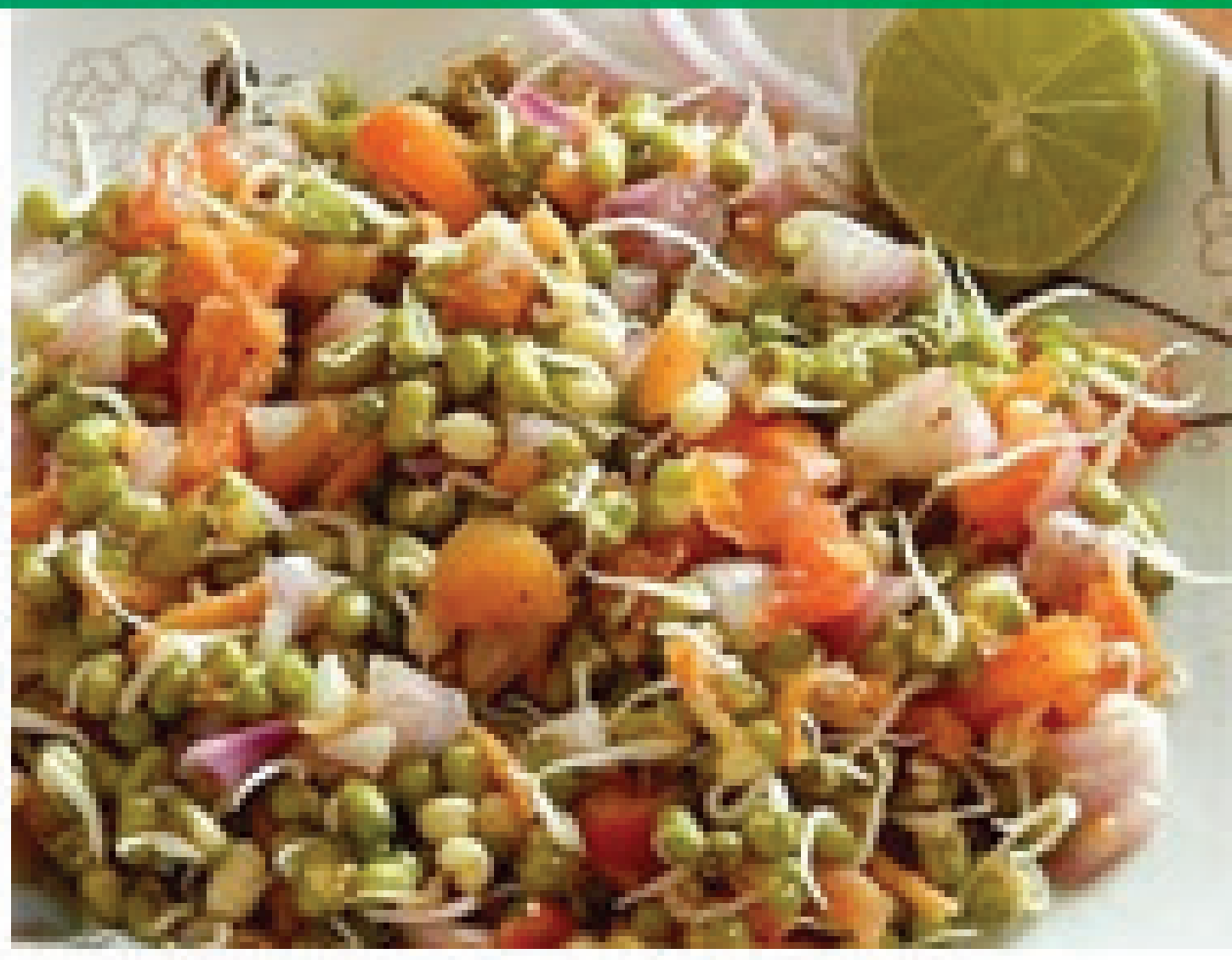
VIGNAN VIHAR BOYS HOSTEL



NORTH STUDENTS MESS MENU



Day	Break Fast	Lunch	Snacks	Dinner
MONDAY	Chapathi, Kurma, Idly, Vada, Ponal, Chetney, Sambar, Allam Chetney, Milk, Coffee	Dal, Sweet, Chetney, Sambar (Chakkar Pongal / Bread Halwa / Ravva Kesari) Boiled Egg, Onion + Tomato Curry/ Omlet, Guntuvankaya / Egg Porutu, Rice, Rasam, Curd, North Indian Curry, Dal	Alu Bajji (1) Full Mirchi Bajji(1) Thapala Chakkalu (1) Rice Flour Pakodi (1) Ragijava / Pulses, Tea, Milk	Rice, Pulka, Pappu, Potato Curry, Dosakai + tomato, Seasonal Fruits, Chetney, Rasam, Pappu Charu, (Plain Curd Rice,) Curd, Dal
TUESDAY	Idly, Chapathi with Pappu, Upma, Chetney, Pudina Chetney, Milk, Coffee	Dal, Pulihora / kichadi / Pudina Rice / tomato Rice, Chetney Akukura Pappu, Cabbage + tomato, Goruchikkudu, Sambar, Rice, Rasam, Curd, North Indian Curry, Dal	Noodles(2), Chakka Pakodi with Mirchi(1), Karapoosa(1), Pulses, Tea, Milk	Rice, Pulka - Gravy, Seasonal Curry, Egg Fried Rice, Veg Fried Rice, Kakarakaya Iguru, Chetney, Bendakaya Fry, Rasam, Sambar, Curd, Dal
WEDNESDAY	Chapathi, Kurma Idly, Plain Dosa, Upma, Chetney, Koriyandar Chetney, Milk, Coffee	Dal, Tomato Pappu, Benda Iguru, Seasonal Curry, Chetney, Papada, Sambar, Rasam, Curd, Rice, North Indian Curry, Dal	Cream Cake (2), Dilpasand(1) Veg Puff(1), Pulses, Tea, Milk	Rice, Pulka, Biryani, Kurma, Eaita, Gongura Chetney, Chicken Curry, Arati Iguru, Veg Curries + Sweet, Pappu Charu, Rasam, Curd, Dal
THURSDAY	Chapathi, Kurma, Idly, Utappa, Upma, Chetney, Allam Chetney Milk, Coffee	Dal, Chetney, Seasonal Curry, Seasonal Frys, Chama Pulusu, Dosakaya Pappu, Rasam Sambar, Curd, Rice, North Indian Curry, Dal	Uggani(1), All mixture(1), Punugulu (2) Chetney, Rajijava, Pulses, Tea, Milk	Boiled Egg, Rice, Pulka-pappu, Cabbage pickle, Cali Flower, Cabbage, Sambar Rice, Seasonal Fruits, Rasam, Curd, Dal
FRIDAY	Idly, Chapathi, Chetney, Tamo-ta Bath, Pudina Chetney, Kurma, Milk, Coffee	Dal, Akukura Pappu, Chetney, Seasonal Curry, Iguru, Vadiyalu / appadalu, Rasam, Sambar, Curd, Rice, North Indian Curry, Dal	Cream Bun(1), Cake(1) Biscuits(2), Tea Pulses, Milk	Rice, Pulka-kurma, Biryani, Chicken fry, Chetney, Veg Curries + sweet, Rasam, Curd, Dal
SATURDAY	Chapathi, Kurma, Idly, Masala Dosa, Uppma, Koriyandar Chetney, Chetney, Milk, Coffee	Dal, Fry, Dosaakaya Pappu, Dondakai Iguru, Drumstick Tamota, Oil Fry, Chetney, Rasam, Sambar, Curd, Rice, North Indian Curry, Dal	Jilebi(1), Badusha(1), Mysorepak(1), Fruit Salad(1), Pulses, Tea, Milk	Boiled Egg, Pulka/alu Palak / Dondakaya / Bendakaya / Kakarikai, Rasam, Chetney, Fruit Curd Rice, Sambar, Curd, Dal
SUNDAY	Chapathi, Kurma, Idly, Bread Jam(2), Puri(1), Onion Dosa(1), Karam Podi, Chetney, Milk, Coffee	Mudda Pappu, Pickle, Alu Patchikaram, Milli Maker + Tomato / Pakodi Pulusu, Pachipulusu / Majighi Charu, Sambar, Curd, Rice, North Indian Curry, Dal	Cornflex Chat(2), Poha(1), Besibilli bath(2), Payasam, Tea, Milk, Pulses	Rice, Pulka, Biryani, Kurma, Chicken Fry, Raita, Gongora Chetney, Pappu Charu, Rasam, Veg Curries + Sweet, Curd, Dal

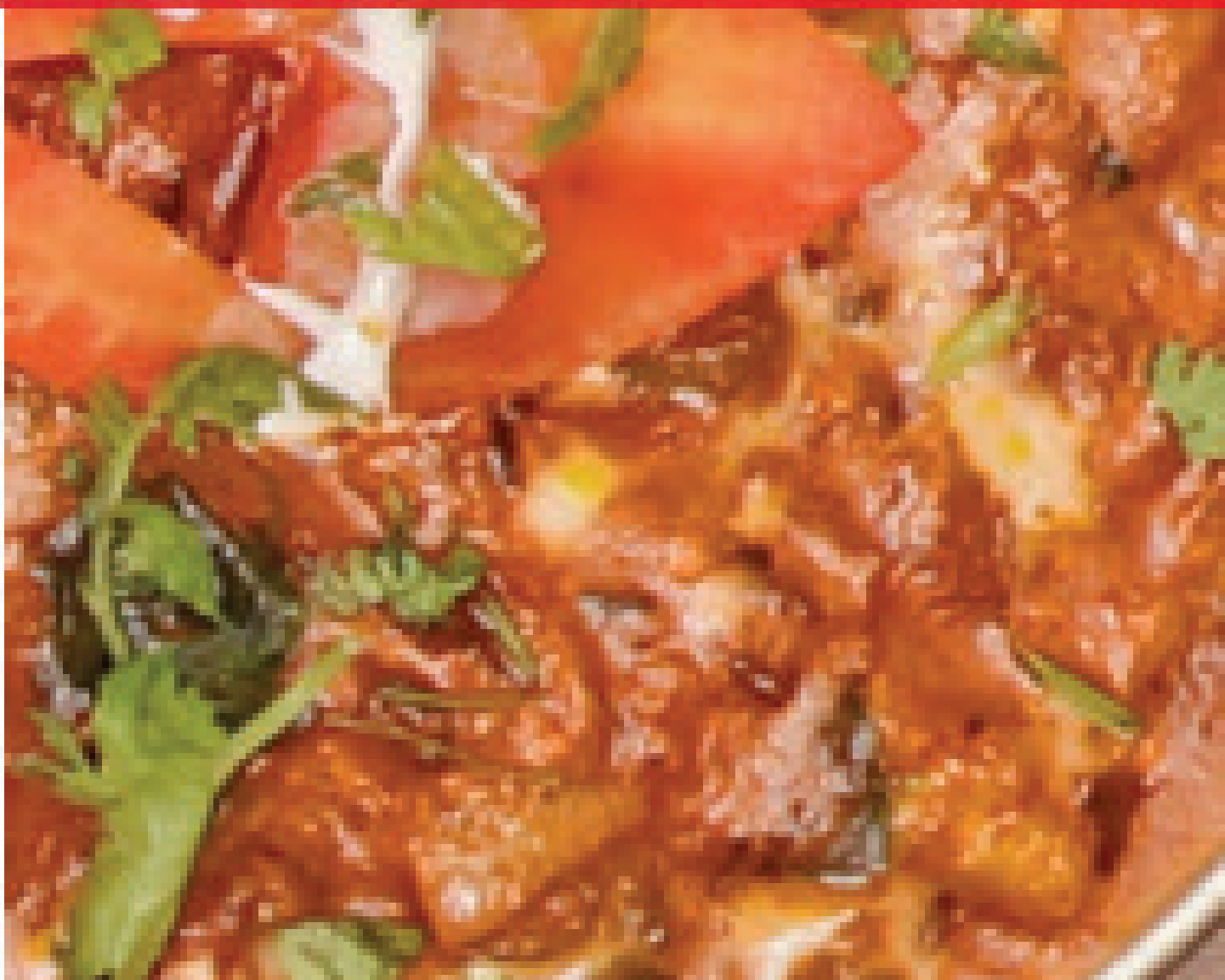


VIGNAN VIHAR BOYS HOSTEL



SOUTH INDIAN MESS MENU

Day	Break Fast	Lunch	Snacks	Dinner
MONDAY	Idly, Vada, ponal, Chetney, Sambar Allam Chetney, Milk, Coffee	Dal, Sweet, Chetney, Sambar (ChakkarPongal / Bread Halwa / Ravva Kesari) Boiled Egg, Onion + Tomato Curry/ Omlet, Guntuvankaya / Egg Porutu, Rice, Rasam, Curd	Alu Bajji (1), Full Mirchi Bajji(1), Thapala Chakkalu(1) Rice Flour Pakodi (1), Ragijava / Pulses, Tea, Milk	Rice, Pulka, Pappu, Potato Curry, Dosakai + Tomato, Seasonal Fruits, Chetney, Rasam, Pappu Charu, (Plain Curd Rice,) Curd
TUESDAY	Idly, Chapathi with Pappu, Upma, Chetney, Pudina Chetney, Milk, Coffee	Dal, Pulihora / Kichadi / Pudina Rice / Tomato Rice, Chetney, Akukura Pappu, Cabbage + Tomato, Goruchikkudu, Sambar, Rice, Rasam, Curd	Noodles (2), Chakka Pakodi with Mirchi (1), Karapoosa (1), Pulses, Tea, Milk	Rice, Pulka- Gravy, Seasonal Curry, Egg Fried Rice, Veg Fried Rice, Kakarakaya Iguru, Chetney, Bendakaya Fry, Rasam, Sambar, Curd
WEDNESDAY	Idly, Plain Dosa, Chetney, Koriyandar Chetney, Upma, Milk, Coffee	Dal, Tomato Pappu, Benda Iguru, Seasonal Curry, Chetney, Papada, Sambar, Rasam, Curd, Rice	Cream Cake (2), Dilpasand (1) Veg Puff(1), Pulses, Tea, Milk	Rice, Pulka, Biryani, Kurma, Raita, Gongura Chetney, Chicken Curry, Arati Iguru, Veg Curries + Sweet, Pappu Charu, Rasam, Curd
THURSDAY	Idly, Utappa,Upma, Chetney, Allam Chetney Milk, Coffee	Dal, Chetney, Seasonal Curry, Seasonal Frys, Chama Pulusu, Dosakaya Pappu, Rasam Sambar, Curd, Rice	Uggani (1), All Mixture(1), Punugulu (2) Chetney, Rajijava, Pulses, Tea, Milk	Boiled Egg, Rice, Pulka-Pappu, Cabbage Pickle, Cali Flower, Cabbage, Sambar Rice, Seasonal Fruits, Rasam, Curd
FRIDAY	Idly, Chapathi, Chetney, Tamota Bath, PudinaChetney, Kurma, Milk, Coffee	Dal, Akukura Pappu, Chetney, Seasonal Curry,Iguru, Vadiyalu / Appadalu, Rasam, Sambar, Curd, Rice	Cream Bun (1), Cake (1), Biscuits (2), Tea Pulses, Milk	Rice, Pulka-Kurma, Biryani, Chicken Fry, Chetney, Veg Curries + Sweet, Rasam, Curd
SATURDAY	Idly, Masala Dosa, Uppma, Kori-yandar Chetney, Chetney, Milk, Coffee	Dal, Fry, Dosaakaya Pappu, Dondakai Iguru, Drumstick Tamota, Oil Fry, Chetney, Rasam, Sambar, Curd, Rice	Jilebi (1), Badu-sha (1), Mysore-pak (1), Fruit Sal-ad (1), Pulses, Tea, Milk	Boiled Egg, Pulka / Alu Palak / Dondakaya / Bendakaya / Kakarikai, Rasam, Chetney, Fruit Curd Rice, Sambar, Curd
SUNDAY	Dly, Bread Jam (2), Puri (1), Onion Dosa (1), Karam Podi, Chetney Milk, Coffee	Mudda Pappu, Pickle, Alu Patchikaram, Milli Maker + Tomato / Pakodi Pulusu, Pachipulusu / Ma-jighi Charu, Sambar, Curd, Rice	Cornflex Chat (2), Poha (1), Besibilli Bath (2), Payasam, Tea, Milk, Pulses	Rice, Pulka, Biryani, Kurma, Chicken Fry, Raita, Gongora Chet-ney, Pappu Charu, Rasam, Veg Curries + Sweet, Curd



VIGNAN PRIYADARSINI HOSTEL MESS – 4

Extra Menu for North Indian Students-2025

<u>Day</u>	<u>Break Fast</u>	<u>Lunch</u>	<u>Dinner</u>
MONDAY	Pulka, Alu Curry	Pulka, Vegetable Salad, Dhal, Koriender chutney, Geenbatani Curry.	Pulka, Vegetable Salad, Pappu, Alu Curry, Fruits.
TUES DAY	Pulka, Rajma Kurma	Pulka, Vegetable Salad, Dhal, Koriender chutney, Beerakai Curry	Pulka, Vegetable Salad, plain dhal, Boiled Egg, onion curry, Capsicury curry,
WEDNES DAY	Pulka, Alu Burji.	Pulka, Vegetable Salad, Dhal, Koriender chutney, Califlower with Alu Curry	Pulka, Vegetable Salad, Panner Kurma, Chicken Fry, Plain dhal, Sweet.
THURS DAY	Pulka, Meal meaker Kurma	Pulka, Vegetable Salad, Dhal, Koriender chutney, Sorakai Curry,	Pulka, Vegetable Salad,Boiled egg, dhal, Rajma curry, Onion curry, Plain Palak, Fruits.
FRIDAY	Pulka, Sorakai Curry	Pulka, Vegetable Salad, Dhal, Koriender chutney, Califlower with Alu Curry	Pulka, Vegetable Salad, Chicken Curry, plain dahal, Mashroom curry,
SATURDAY	Pulka, Alu +chenna Kurma	Pulka, Vegetable Salad, Dhal, Koriender chutney, Capsicur with Alu Curry.	Pulka, Vegetable Salad, boiled egg, onion curry, Chennamasala, Fruits
SUNDAY	Pulka, Alu Curry	Pulka, Vegetable Salad, Dhal, Koriender chutney, Kadi pakodi	Pulka, Vegetable Salad, Chicken Curry, plain dhal, veg curry.

Note: Vegetable salad: Keera, Tomato, Carrot, Onions, Beetroot.

Mess Chief-In charge

Chief Warden Priyadarsini Girls Hostel

VIGNAN PRIYADARSINI HOSTEL MESS - 4

<u>Day</u>	<u>Break Fast</u>	<u>Lunch</u>	<u>Snacks</u>	<u>Dinner</u>
MONDAY	Idly,Vada, Gara Godhumaravva Upma, Ragi Idly, G.Nut Chutney, Sambar,Milk, Coffee.	Egg Poratu(1,3), Bread Halva Bendakai Iguru,Omlets (2,4),Cabbage curry,Dosakaipappu, Tomato Chutney, Sambar. Curd.	Punugulu,(1,3) MysoorBonda,(2) Onion pakodi(4), Chutney.(1,2,3) Pulses, Tea& Milk.	Rice,Pulka,Pappu, AlooVellulikaram, Thotakura fry, Nimmakaya Pappucharu, TamotoRasam, Mix veg chutney, Curd.
TUES DAY	Idly, Uthappam, Upma, Ragi Idly, Allam chutney& Putnal Chutney, Milk, Coffee.	Rice, Pulihora (1,3), Tamato Rice(4,2), AkukuraPappu Vankailguru, Beetroot curry, Sambar, Curd, Dosakai Mukkalu Chutney(1,3)	Veg Puff,(1,3) Atukulaupma,(1,3) Cake(2) ,Bread omilet,(4)GreenBata ni(2) ,Tea,Milk.	Pulka- Saruva, E.F.R, V.F.R, DondakaiCurruy,Perugupulu su, Mealmaker+Gongura, Pesarapappu Pappucharu, Rasam, Curd.
WEDNES DAY	Chapathi, Ragi Idly, Kurma, Idly, Chutney, Milk, Coffee.	Rice,TamatoPappu, Goruchikkudu Iguru Potlakai Perugu, Samabar, AratikaiDirect curry, Beetrootchutney, Curd.	Sweet &Salt/Kharjura Biscutes,(1) BadamMilk(2,4), Thapala Chekkalu(3) Tea, Milk.	Pulka – Palav, Veg Kurma, Raita, GonguraChatney, Chicken Fry, Panner Kurma Beens Curry, Sweet, Rasam Pappucharu, Curd.
THURS DAY	Idly,Chitti Uthappam,Raagi Idly,kattu pongali, Pallichatney, Milk, Sambar, Coffee.	Akukurapappu,Dondakai/Ben dakai/cabbage65,Tomato+M ulakai, Gummadiikai /Chama dumpa pulusu,Vegchutney,Curd, PalakuraPappu, Sambar, Curd.	Chat,(1,3) Panipoori,(2) Fruitsalad,(4) Ragijava(1,2,3) Milk, Tea.	Pulka-Plain palak Boiled Egg ,Onion Curry/ Onion Pulusu, Sweet , Fruit ,G.Vankai karam, Tomato Pappucharu, Rasam. Curd.
FRIDAY	Idly,Bread& jam,Roasted Bread, Ragi Idly, SemyaUpma, Putnal chutney, Alu curry, Coffee, Milk.	Wheel/Gottalu/Pappads, Dosakaipappu, Dondakai Iguru, Carrot Iguru, Red Chutney, Curd, Sambar,	V.Undalu,(1),Jelebi,(2) ,Boondi laddu,(3)Palliundalu,(4)S.Chakralu(1),Thap alachakkalu(3), Mixture, Cornflacks (4),Milk, Tea.	Pulka – Ragi sankati ,Rice, Chicken Curry, Mashroom Curry, Aloo patchikaram, Sweet, Gongura chutney, Pappucharu, Rasam, Curd, Sweet.
SATURDAY	Idly, Chapathi, Ragi Idly,Tomato, Pappu,(1,3Tomato Curry(2,4)Milk, Chutney, coffee,	French fries/ Alu 65,, Bendakaipulusu, pachipappu+Mulakai curry,Thotakurapuppu, Pudeena Chutney, Sambar,Curd.	Peruguvada, (1) Manchuria (2) Masalavada ,(3) Mirchibajji,(4) Ragijava, Tea, Milk.	Pulka-Chenna masala, Boiled Eggs- Onion Curry/Onion Pulusu, Vankai curry, Pappucharu, Rasam, Palli Chatney, Fruit, Curd.
SUNDAY	Masala Dosa,(1,3)Plain dosa(2,4) Upma, Ragi Idly, Idly, Poori (Montly Once),Alu curry, Putnaluchutney, Ginger Chuteny Coffee,Milk.	Muddapappu,Avakai, Kakarai Iguru/ Kakarakai Karam, Carrot Thurumu curry,Pakodi Pulusu,Pachipulusu, Sambar, Patchipulusu.	Uggani,Masasala Maramaralu (1,2,3)Creambun,(4) Payasam, Senagalu thalimpu, Tea, Milk.	Pulka –Palav, Veg kurma, Chicken Curry, Raita Kaju kurma, Sweet, Gongura chutney,Mullakai tomato curry, Pappucharu, Rasam,Curd.