

VIGNAN'S Deemed to be University, VADLAMUDI-522213, GUNTUR DISTRICT

University Extension Activity Council (UEAC)

2019-20 Report

Swatchha Vignan

Date of event conducted:: 13.07.2019

Mr. Narendra Modi, the Prime Minister of India, has launched the "Swatch Bharat Mission" to accelerate the efforts, to achieve universal sanitation coverage and to put a focus on sanitation. In this regard, the university had organized "Cleanliness Drive" on 13th July 2019 at H Block. The first year UEAC coordinator from the university had inaugurated the programme and the faculty and students were actively participated in cleaning the back side corners of the H-block (Bick parking place). The main purpose of this programme is to create awareness for the students regarding cleanliness and its benefits. Under this programme, the UEAC Volunteers, the maintenance staff had actively participated. Dr. Vijaya Babu Palukuri had delivered the speech about the importance of sanitation. This reveals that 'Cleanliness is next to Godliness' for human beings. It plays a vital role in our daily lives and it is the state of keeping clean and remains away from dirt to achieve and maintain good physical and mental health". The UEAC Volunteers, the maintenance staff has done a successful noble job.



Conducted Swatch Vignan program by the UEAC Unit in VFSTR premises

Outcome of the event: 250 Volunteers involved in the event. The students and the staff of VFSTR organized cleanliness in the university. By this event, the students got to know about the importance of cleanliness and its benefits. Students don't get affected by the diseases as most of



VIGNAN'S Deemed to be University, VADLAMUDI-522213, GUNTUR DISTRICT

University Extension Activity Council (UEAC)

2019-20 Report

the time live in the campus, if they keep campus surroundings neat and clean. It keeps us healthy and strong.

Jagannatha Radha Yatra

Date of event conducted :: 20.07.2019

On the auspicious day of Sri Krishna Radha Yatra, VFSTR University- under the guidance of the UEAC Programme Officer Dr. K.V. Krishna Kishore and Mr. P.Anandha Kumar from IT dept. extended a helping hand to help the Iskcon organizers group to organize the devotional event successfully at Tenali on 20.07.2019. Starting from Nazerpet - ISKCON, the Radha Yatra took Jagannath, Baladev, and Subadra in a palanquin through the roads of the town and reached Shivaji chowk. Volunteers were assigned to control the people for completion of the rally in a peaceful way. Some volunteers were allocated the responsibility of guiding the vehicles without affecting the traffic and distribution of prasadam from ISKCON to all the public.

Volunteers were involved in various activities like distribution of the Food, traffic control, pulling the palanquin, supplying water for the thirsty Public, serving food, kolattam and some other miscellaneous works needed. The Vignan Students had got the appreciation from the Traffic Police for controlling the traffic by HUMAN CHAIN.

All the 65 volunteers participated actively and made the auspicious day more delightful. In this way, the event ended with a lot of energy, devotion, and willpower. Our University had provided the transportation facility for the volunteers.



The UEAC volunteers involving in serving food and traffic control.

VIGNAN'S Deemed to be University, VADLAMUDI-522213, GUNTUR DISTRICT

University Extension Activity Council (UEAC)

2019-20 Report

The Outcome of the event: The UEAC team helped the ISKCON persons by serving food, water, and traffic control. Students got to know how to control traffic and smoothly organize the event. Some students also involved in kolattam event. Total 200 Students have involved in this event as volunteers.

Blood Donation Camp

Date of event conducted : 28.07.2019

On the occasion of Chairman Sir's birthday, the UEAC (University Extension Activities Council) unit of VFSTR had organized a blood donation camp in the university premises at three places i.e., at the library, pharmacy and U block's on 28.07.2019 in association with "Needs Blood Bank, Guntur". The Blood Donation Camp was started from 9:30 AM to 3:00 PM by UEAC Wing. On this occasion, Dr. K. V. Krishna Kishore, the university UEAC Programme Officer, and Dr. P. Vijay Babu, UEAC first-year coordinator were participated and also encouraged the students to participate in this mega event. The honorable Vice-Chancellor and the UEAC Programme Officer have expressed their happiness for the participation of students in the event. The students have made the blood donation camp a grand success. 434 members have donated the blood during this event. The number of student donors from the three blocks is as follows: - pharmacy (140), U block (80) and the library block it's (214). The count in the event has embarked with lots of joy and willpower.



The Blood Donation Camp Organized by the UEAC Unit

Outcome of the event: Students of VFSTR got awareness on donating the blood and also the faculty members were voluntarily participated in donating the blood. Students came to know

VIGNAN'S Deemed to be University, VADLAMUDI-522213, GUNTUR DISTRICT

University Extension Activity Council (UEAC)

2019-20 Report

about the donation of blood and its benefits with this camp. We got to know that with the blood donation, we can save one life and also we can increase the blood count.

Total 600 Students have involved in this event as volunteers and donors. Student volunteers have planned the event, announced in the classes, created awareness on importance of blood donation, organised the camp systematically, and prepared the report on the camp.

Awareness program on Higher Education at Vejendla

Date of event conducted :: 03.08.2019

Students in government schools nowadays are facing a problem of not having an idea on what to do after the completion of their high school studies. This was noticed by the students of the Department of Information Technology, Vignan's University and took an initiative and organized an awareness campaign on higher education for the students in Vejendla ZPH School. A total of 50 students who are pursuing their B.Tech degree in the branch of Information Technology and Electrical & Electronics Engineering were participated in this campaign and addressed the total of 130 SSC students. Initially, an inquiry session was started to know the amount of knowledge they know before the conduction of the camp at 11:30 AM. After completion of inquiry session, shared information on different types of courses, eligibility criteria and the steps to follow to reach after X class to the 10th Class Students. Student volunteers gave a detailed explanation of further studies i.e., on under graduation and post-graduation courses and availability of scholarships. After that, a small introduction about the importance of sports was also explained and the event was ended up at 1:00 PM. All the students were actively participated in the session and made it a grand success.



Awareness program on Higher Education at Vejendla by the UEAC Unit



VIGNAN'S Deemed to be University, VADLAMUDI-522213, GUNTUR DISTRICT

University Extension Activity Council (UEAC)

2019-20 Report

The Outcome of the event: The government school students are facing a problem of not having an idea on what course to do, after the completion of their 10th standard. 200 schools students are benefitted by this event. Volunteers understand standards of school students and their academic standards. Volunteers learned organising, management and communication skills by demonstration and involvement in this event.

Green Campus::Tree Plantation

Date: 21.08.2019

Trees play an important role in an ecosystem by maintaining ecological balance and equilibrium. Trees hold the soil in which they grow. As a result the fertile topsoil is held securely; otherwise, it may get drained or washed away in water such as during rains and floods. Trees are the natural habitat for many wildlife species that includes mammals, birds, reptiles and insects. Trees play a vital role in climate. A micro-habitat formed by planting trees can create a green and natural area and a micro-climate that is healthy for all the life forms, including man, that inhabit the area. Everyone must involve in this type of activities. As a part of UEAC, some of the students from the Department of Electrical and Electronics Engineering involved a total of 50 volunteers planting a few plants. They participated very actively even in bad weather. The event ended up at 3:45 PM and then all the students went back to their regular academic works.

Outcomes: Students got to know about the importance of tree plantation. With the deforestation, the globalization, temperature, and pollution increases. If everyone plants the trees, then the temperature and pollution may decrease and the rainfall increases.

Conducting Sports in ZPH School Angalakuduru

Date of event conducted :: 21.08.2019

It was a great session today that the UEAC Unit had gone through Angalakuduru Govt. High school children, as sports are playing a key role in good health. So we had involved in this session to encourage the children to involve in sports. Some of our volunteers involved in games like kho-kho, Kabaddi with the children. It was a great time that we had spent with the children. The children had also participated actively in the sports. Most of the students had shown so much interest in sports. They concluded that including academics they should also involve in sports. By this session, I hope that they can have at least 4 games period for a week which improves



VIGNAN'S Deemed to be University, VADLAMUDI-522213, GUNTUR DISTRICT

University Extension Activity Council (UEAC)

2019-20 Report

their health. The event ended up at 1:30 pm and all the students were back to their regular academic works.



Outcomes: UEAC volunteers to explain awareness on the sports for school student and involve them to play games with us. Student gets to know about the importance of sports and by playing sports students will be in healthy and fit. By playing sports for nationals' students will get a job in government sector also.

AWARENESS ON HIGHER EDUCATION

Date of event conducted :: 21.08.2018

Students in government schools nowadays are facing a problem of not having an idea of what to do after the completion of their high school. This was noticed by the students of the Department of Information Technology, Vignan's University and came up with an initiative of organizing an awareness campaign on Higher Education for the students in Narakoduru ZPH School on 25th August. A total of 50 students pursuing their third and second-year B.Tech degree in the branch of information technology participated in this campaign and addressed a total of 130 10th class



VIGNAN'S Deemed to be University, VADLAMUDI-522213, GUNTUR DISTRICT

University Extension Activity Council (UEAC)

2019-20 Report

students. The camp started at 3.00 PM which began with an inquiry session to know the amount of knowledge they know before the conduction of the camp. Then the courses related to the after 10th were briefly explained followed by the different types of after 10th courses and eligibility criteria and also the steps to be followed to reach the later steps. And so on went on for further studies namely under graduation and post-graduation courses. Then a small introduction about the importance of sports and armed forces was also explained and the event was ended up at 4:00 PM. All the students actively participated in the session and made it a grand success.



Outcomes: 200 School students get to know about the importance of higher education, availability of scholarships and how to reach their goals and jobs. 50 Volunteers learned organising, management and communication skills by demonstration and involvement in this event.

VIGNAN'S Deemed to be University, VADLAMUDI-522213, GUNTUR DISTRICT

University Extension Activity Council (UEAC)

2019-20 Report

AWARENESS OF USING ECO-FRIENDLY GANESH IDOLS

Date of event conducted : Date:28.08.2019

Pollution is one of the biggest issues in the recent era. Pollution is caused by releasing various harmful chemicals into the environment from various industries, deforestation, construction, etc., among them, usage of plaster of Paris idols on occasion of " GANESH CHATURTHI" festival is the biggest problem for the rise of sea levels every year and decrease of life span of animals in water bodies. Students from `CHEMICAL ENGINEERING DEPARTMENT has taken an initial step in creating the awareness of using eco-friendly Ganesh's idols.

We involved a total of 50 volunteers interacted with the students of ZILLA PARSHID HIGH SCHOOL in creating the awareness of using clay Ganesh. We started at 2 pm from the college and we reached the school. Later we divided into seven-teams each consisting of three members. Each team was given one class. We explained to the students about the disadvantages and the contribution of using plaster of Paris in making idols with plaster of Paris. We had a great session with the students and they actively participated and made a decision of using the clay, Ganesh. They were supportive of us in making the environment eco-friendly. We ended our session at 4 pm.



VIGNAN'S Deemed to be University, VADLAMUDI-522213, GUNTUR DISTRICT

University Extension Activity Council (UEAC)

2019-20 Report

Outcomes: Government school students get motivated to use eco-friendly Ganesh made by the clay instead of using Plaster of Paris. By using clay idols, we can keep our environment clean and safe and also water doesn't get polluted. 50 Volunteers learned importance of eco-friendly environment, organising skills, management skills and communication skills by demonstration and involvement in this event.

Swatchha Vignan

Date of event conducted: **30.08.2018**

To accelerate the efforts to achieve universal sanitation coverage and to put a focus on sanitation, the Prime Minister of India, Mr. Narendra Modi, launched the Swachh Bharat Mission. In this regard, the university had organized Cleanliness Drive on 30th August from Main gate to guest-house of the university. The Registrar of the university had inaugurated the programme by cleaning the VFSTR campus followed by the UEAC volunteers. The main purpose of the programme is to create awareness among the students regarding cleanliness and its benefits. The UEAC coordinators were played an essential part of the programme. Dr. M.S. Raghunathan had delivered the speech mentioning the importance of sanitation. It is truly said that 'Cleanliness is next to Godliness' for human beings. It plays a vital role in our daily lives and it the state of keeping clean and remains away from dirt to achieve and maintain the good physical and mental health", said the registrar. He honoured the Programme Coordinators, UEAC Volunteers, other students, maintenance staff for the successful noble job.



To create awareness among the students regarding cleanliness and its benefits.



VIGNAN'S

Foundation for Science, Technology & Research

(Deemed to be University)

-Estd. u/s 3 of UGC Act 1956

VIGNAN'S Deemed to be University, VADLAMUDI-522213, GUNTUR DISTRICT

University Extension Activity Council (UEAC)

2019-20 Report

Outcomes: The students along with Registrar of VFSTR organized cleanliness in the university. Students get to know about the importance of cleanliness and its benefits. If we clean our surroundings, we don't get affected by the diseases. It saves and keeps our life healthy. The main thing that the student gets to know is avoiding the usage of plastics items on the university premises.

Awareness on Higher Education in ZPH School Angalakuduru

Date: 31.08.2019

Students in government schools are facing a problem of not having an idea on what to do after completion of their high school. This was noticed by the students of the department of information technology, Vignan's Deemed to be University and came up with an initiative of organizing an awareness campaign on Higher Education for the students in ZPH School, Angalakuduru on 31.08.2019. The total of 30 students pursuing their 2nd and 3rd-year B.Tech degree in the branch of information technology and EEE participated in this campaign and addressed a total of 100 students of class 10. Before the camp commencement at noon, an inquiry session was taken to check the amount of knowledge. Then different types of related courses, eligibility criteria, and also steps to be followed to reach after 10th were briefly explained. After that, the speech went on for further studies i.e., under graduation and post-graduation courses. All the students actively participated in the session and we inquired the student's performance in their academics by interacting with their teachers. The involvement and coordination of teachers made us high. We gave suggestions on studies and motivated the children not to fear and handle any situation apart in their life. We made a joyful ride with the champs by singing and pulled their talent out. We wrapped the session around 1 PM with great fun and the team made this campaign a grand success.



VIGNAN'S Deemed to be University, VADLAMUDI-522213, GUNTUR DISTRICT

University Extension Activity Council (UEAC)

2019-20 Report



Outcome: After completing the 10th standard the government school students don't know what course to do and what are the opportunities they have. So, a group of UEAC students explains the students about the related courses after X and the benefits they have. After that student know about the importance of higher education and how to reach their goals and jobs.

Awareness campaign on usage of Eco-Ganesh

Date of event conducted: 31.08.2019

Vignan's UEAC team of biotechnology dept. organized self-awareness campaign on the usage of Eco-Ganesh instead of plaster Paris idols for secondary school students at ZPH School Sangam Jagarlamudi on 31.08.2019 (Saturday). Nowadays usage of Vinayaka idols made with plaster of Paris has been increased a lot which affects our environment and as they are submerged in rivers the toxic materials present in them are polluting the water leading the lives of marine plants and animals in danger. So a total of 40 students from the biotech department shared their views on disadvantages of using Ganesh made with plaster of Paris and other non-biodegradable materials, like how they cause damage to our environment with the students. And explained them the advantages of using Ganesh, which is eco-friendly as it doesn't harm to the marine organisms and even filters imp articles when dissolved in water and made them realize that it is our responsibility to protect the environment for future generations.



VIGNAN'S Deemed to be University, VADLAMUDI-522213, GUNTUR DISTRICT

University Extension Activity Council (UEAC)

2019-20 Report

The camp started at 3.00pm and we started this with a discussion with students to know their knowledge in using eco-Ganesh. Most of the students seem very interested in this and they started answering quickly and we requested them to spread awareness in their family neighbors too. All the students actively participated in the event and made it a success.

This campaign ended with a positive response from the students as they promised us that they would try their level best to use eco-Ganesh for worshipping.



Outcomes: Government school students get motivated to use eco-friendly Ganesh made by the clay instead of using plaster of Paris. By using clay idols we can keep our environment clean and safe and also water doesn't get polluted.

Awareness on Digital Technologies and NSS activities

Date of event conducted: 31.08.2019

The University Extension Activity Council (UEAC) went to Angalakuduru ZPH School as a part of life skills extension activity from 11.00 AM to 1.00 PM on 31.08.2019. Around 80 student volunteers from VFSTR went to this school to create awareness on national service schemes and digital technologies. We divided into 4 batches and took this session for 8th and 9th classes. Initially, an explanation given about NSS, made them into groups, selected some coordinators from each group and assigned them some activities. Later we explained about digital technologies and its advantages and disadvantages to them. We practically showed few children



VIGNAN'S Deemed to be University, VADLAMUDI-522213, GUNTUR DISTRICT

University Extension Activity Council (UEAC)

2019-20 Report

about the installation and uninstallation of new apps. The main aim of our session is to bring awareness about NSS, leadership qualities in them. We also assigned some faculty to take care of them while doing activities and to make sure that they are doing or not by going to that school once a week. Around 175 school students are attended in this session.



To create awareness on Digital transactions and explain related Apps how to install.

Outcomes: students of government school get knowledge of technology about how to do online payments and how technology study helps. The apps used for online payments and study purpose is practically shown, explained how to install and how to use them. Students get to know about the knowledge of NSS and the things that are to be done.

Organ Donation Awareness program

Date of event conducted: 06.09.2019

The event was held on 6-9-2019 i.e., on Friday at Sri Chaitanya Techno School, Tenali and Viveka High School, Angalakuduru. The UEAC team of ECE department carried out this event under the guidance of Mr. Manikandhan department coordinator. The event was started at from 10:00 AM and continued till 11:00 AM. 50 student volunteers in the team took permission from the principal, interacted with students and started the session about the organ donation.

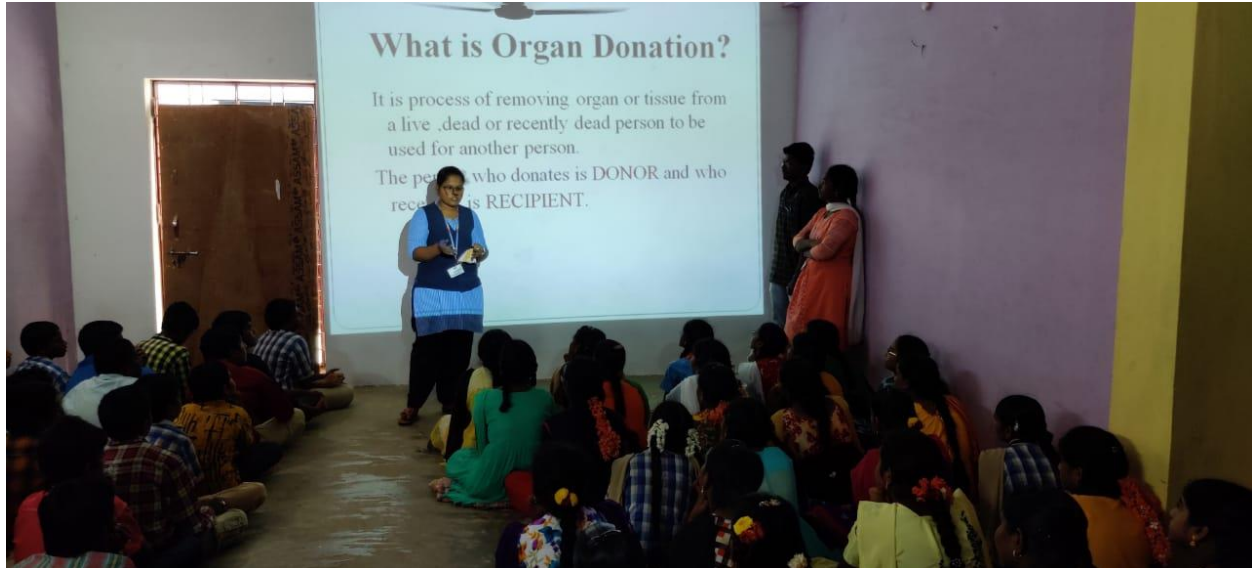
We started the session by explaining to them the importance of Organ donation and the process in society. Later we explained to them which organs they can donate, how the organ functions after removing it from the body, and what is the maximum period that the organs can function.

VIGNAN'S Deemed to be University, VADLAMUDI-522213, GUNTUR DISTRICT

University Extension Activity Council (UEAC)

2019-20 Report

And also we discussed the real-life stories of organ donors. Student's interaction with us was also pretty good. We have asked them to create awareness to their parents and neighbours of their locality.



FOOD AWARENESS Program

Date of event conducted:: 06.09.2019



VIGNAN'S Deemed to be University, VADLAMUDI-522213, GUNTUR DISTRICT

University Extension Activity Council (UEAC)

2019-20 Report

The event was held on 6-9-2019 i.e., on Friday at Master Minds and Anganavadi Schools, Angalakudhuru. The UEAC team of ECE department carried out this event under the guidance of Mr. Manikandhan, UEAC coordinator. The event was started from 11:30 AM and continued till 12:15 PM. We interacted with students and initiated the session about the awareness of food.

We started the session by explaining the wastage of food in daily lives and discussed what type of food items they have to take to become healthy. Later, our team discussed the effects of junk food and also the benefits of taking healthy food. Finally, the team discussed how to avoid food out of bacteria.



Awareness of Higher Education

Date: 07.09.2019

The university Extension Activity Council (UEAC) went to ZPH School, Chebrolu as a part of life skills extension activity from 11:30 AM to 1:00 PM on 07:09:2019. Around 50 members of Students from VFSTR went to this school to create the awareness program on English and mathematics. We the team divided into 4 batches and took this session for 10th class. Initially, we explained about NSS, made them into groups, selected some coordinates from each group and assigned them some activities.

Later, we explained that English is a basic language and it is better communication to communicate with the people. Initially, we had started from the basics of English. Most importantly the parts of speech play a key role in English. We had opted on this topic for the students. Our Students explained the importance of Parts of Speech and how to frame sentences for better communication. The teachers also felt very happy about the explanation of the parts of speech by our students.



VIGNAN'S Deemed to be University, VADLAMUDI-522213, GUNTUR DISTRICT

University Extension Activity Council (UEAC)

2019-20 Report

Coming to mathematics, it acts as a core subject & a logical subject for the students during their examinations and their further education. We have opted a statistics topic to explain to them because it is a very interesting and important topic in mathematics. We explained and discussed with them in brief about the importance of mathematics.

As these two subjects play a key role in student's life, in which English is for better communication and mathematics helps a lot for their studies. We had explained that mathematics is a very helpful subject which comes for engineering also. So we had explained clearly that not to neglect these two subjects, as English and Mathematics both are very important for the students for further studies.



The Outcome of the event: They had concluded that this event is very helpful for them and makes them realized the importance of how mathematics and English for their further education. They had told us that they will focus more on these two subjects as they realized the importance of these subjects. They also told us that their faculty will be more helpful to get knowledge about these two subjects.

Impact: Students came to know about the importance of both English and mathematics. They came to a point that as English is for better communication and mathematics for logical thinking.

Gardening and plantation

Date: 07.09.2019

University Extension Activity Council (UEAC) team of Biotech department has planned an event of Gardening and plantation from 3:00PM to 4: 30 PM on 07.09.2019 in Herbal garden, Vignan University. Around 50 students have participated in the gardening and planting trees in the herbal garden maintained by our department.

VIGNAN'S Deemed to be University, VADLAMUDI-522213, GUNTUR DISTRICT

University Extension Activity Council (UEAC)

2019-20 Report

"Save Trees" is a slogan used to motivate the people to save trees, to plant trees at their houses and respective surrounding areas, and by spreading the importance of planting trees. It reduces global warming on the planet earth. Department of biotechnology planned this event to plant saplings in the garden of university premises. This event has been organized as it is important & also it's our responsibility to protect trees which protect our lives. Under the guidance of Dr. Bobby madam and with the help of Siva sir, we have started our work to remove the weed plants which occupy more space and grow fast than usual plants. A weed is a plant considered undesirable in a particular situation, "a plant which grows in the wrong place". Weed plants will be a threat to other plants survival because they compete with food and occupy space. Some weeds may also cause health issues to humans such as allergies, respiratory-related problems. So we have removed as much as we can all the unwanted creepers in our university.

In present times, Deforestation has become a global trending issue. According to satellite data, tropical forests are being destroyed at the rate of about 8 million hectares (31,000 square miles) per year — an area equivalent to the size of a state in South Carolina. So we the UEAC Team thought that it's better to encourage a bit in going green and the plantation simple solution in which people need to perform in firm schedule planted nearly 20 saplings today and 20-25 saplings on the previous day. And finally, this event ended by watering the plants using a sprinkling system.



VIGNAN'S Deemed to be University, VADLAMUDI-522213, GUNTUR DISTRICT

University Extension Activity Council (UEAC)

2019-20 Report



The Outcome of the event:-

Cleaned - The Herbal Garden (removed some unwanted weeds)

Planted - 20 plant saplings around.

Impact: - By seeing us, some other interested students joined and helped us and we're motivated to contribute and give our best.

ENERGY SAVED IS ENERGY GENERATED

Date: 07.09.2019

The University Extension Activity Council (UEAC) went to Panchayat Office, Sangam Jagarlamudi Village from 2.00 PM to 3.45 PM on 07.09.2019.

Around 25 students from VFSTR went to this Panchayat Office to create awareness on "Electrical Safety". The Students are divided into 3 batches, took this session for Farmers. First, we gave an explanation about NSS, made them into groups, selected some coordinators from each group and assigned them some activities. Later we explained about Safety Precautions and advantages of the Electricity. We practically showed some Farmers about the Operation of the equipment and advantages of earthing. The main aim of our session is to bring awareness about NSS, to educate them about electrical safety. Also, we assigned some faculty to take care of



VIGNAN'S Deemed to be University, VADLAMUDI-522213, GUNTUR DISTRICT

University Extension Activity Council (UEAC)

2019-20 Report

them while doing activities, and make sure to monitor as they are doing or not by going to that office once a week. Around 20 students are attended in this session.

EARTHING:

In almost every electrical installation made, the earth is used. The earthing system, also known as the grounding system, is a circuit connecting parts of the electrical system to the ground. The earthing system thus regulates the conductors to the earth's conducting surface. Hence, the term, 'earthing' is also quite appropriate and indicative.

SAFETY PRECAUTIONS OF ELECTRICITY:

We have explained the safety precautions of electricity here under:

1. Avoid water at all times while working with electricity. Never touch or try to repair any electrical equipment's or circuits with wet hands. It increases the conductivity of the electric current.
2. Never use equipment with frayed cords, damaged insulation or broken plugs.
3. Always turn off the mains when you are working on any receptacle at your home. It is a good idea to put up a mark on the service panel so that nobody turns on the main switch by accident.
4. Always use insulated tools while working.
5. Electrical Hazards include exposed energized parts and unguarded electrical equipment, which are unexpectedly become energized. Such types of equipment always carry a warning sign such as "Shock Risk". Always be observant of such signs and follow the safety rules established by the electrical code followed by the country where you're in.
6. Always use appropriate insulated rubber gloves and goggles while working on any branch circuit or any other electrical circuit.
7. Never try to repair energized equipment. Always check that before first whether it is de-energized or not by using a tester. Check all the wires, the outer metallic covering of the service panel and any other hanging wires with an electrical tester before proceeding with your work.



VIGNAN'S Deemed to be University, VADLAMUDI-522213, GUNTUR DISTRICT

University Extension Activity Council (UEAC)

2019-20 Report

8. Never use aluminium or a steel ladder when you are working on any receptacle at heights in your home. An electrical surge will ground you and the whole electric current will pass through your body. Instead use a bamboo, wooden or a fiberglass ladder while working.

IMPACT:

The farmers listened to what we have told about the precautions of electrical safety. After completion of our speech about awareness, they asked some queries about the operation of machinery. We explained to them clearly about what they asked.



OUTCOME:

The farmers learned about the uses of the machines, precautions they had to take while using the electrical machines and also they learned how to save electricity.

AWARENESS ON NUTRITION FOOD USING BODY MASS INDEX

Date: 7th September, 2019

The Department of Chemical Engineering students from UEAC has taken an initial step on creating the awareness of nutrition food on 7th September 2019 at Suddapalli village from 2.00 PM to 3.30 PM. In earlier days, the people were strong and their life span was also high. But in the present scenario, the life span is being reduced gradually and increasing the health issues due



VIGNAN'S Deemed to be University, VADLAMUDI-522213, GUNTUR DISTRICT

University Extension Activity Council (UEAC)

2019-20 Report

to intake of improper food. The present generation people are habituated to fast foods which cause severe health issues such as colorectal cancer, obesity, high cholesterol, and depression.

The person's fitness can be calculated by "Body Mass Index (BMI)". We will check the person's weight and height with the help of BMI. After that, if their weight and height are matched properly according to their age, then it means that the person is taking enough nutrition food according to the BMI chart. If the person's weight and height are mismatched then it means that they are not taking proper diet according to the BMI Chart. So we involved volunteers of 10 in creating awareness among students in "Hindu Mandal Parishad School" and explained how nutritious food plays a major role in their life. Also, explained to them that fast food was created for long-distance travel purpose and with that, they get minimum nutrition during the places where they could not get food for days and they used to store food for their survival.

We also explained to them the disadvantages of taking fast food and advantages of taking nutritious food to their body. We checked the weights and height of the student's and made the BMI report. Based on the BMI report, we analysed their nutrition level and showed them their nutrition level. We have also explained the awareness to the students that the importance of nutrients intakes for our body growth.





VIGNAN'S

Foundation for Science, Technology & Research

(Deemed to be University)

-Estd. u/s 3 of UGC Act 1956

VIGNAN'S Deemed to be University, VADLAMUDI-522213, GUNTUR DISTRICT

University Extension Activity Council (UEAC)

2019-20 Report

OUTCOMES:

The children's have understood the importance of nutrients food and they took a challenge of not eating unhealthy food and fast foods.

IMPACT:

Intake of unhealthy food is very harmful to our health, growth, and nourishment of the body. So we must take nutritious food to be fit and healthy. So that we can make the society and the nation fit by taking the nutritious diet in our daily lives.

Awareness program on New Business Techniques in Vignan Junior College.

The main aim is to create awareness about the prevailing economic conditions of the country as well as the world. The members of university extension activity council (UEAC) went to Vignan Junior College, Vadlamudi to make the students aware of the present economic conditions of the country and the new business policies. Around 25 members from VFSTR went to the college and got divided into 4 groups to perform this activity.

Later, the divided groups went to 4 MPC sections and given the speech about the business awareness program and the students understood the importance of business and also they came to know that engineering is not only the course for the students of mathematics background. We explained some business topics from the basics to get an idea of what exactly the business is. The business topics explained are: an introduction to business, levels of management, HRM (Human Resource Management), marketing management and financial technology. Around 150 students attended the session and actively participated in the awareness program.



VIGNAN'S

Foundation for Science, Technology & Research

(Deemed to be University)

-Estd. u/s 3 of UGC Act 1956

VIGNAN'S Deemed to be University, VADLAMUDI-522213, GUNTUR DISTRICT

University Extension Activity Council (UEAC)

2019-20 Report



OUTCOME: Students got to know various techniques of the new trends in HRM and business policies. Students actively participated in the debates conducted by the UEAC volunteers.

IMPACT: Motivation for the students regarding the new business era that is yet to continue and spread in the future.